**Activity 4**

**My BMet Work Behaviours**

* Find the 10 good behaviours and mark with a tick
* Find the 4 bad work behaviours and mark with a cross
* Write in a few words why the behaviour is good or bad

**Disorganised**

**Proactive**

**Mature**

**Team player**

Can works with other people

**Negative**

**Committed**

**✔**

**Motivated**

**Determined**

**Cooperative**

**Optimistic**

**Trustworthy**

**Poor body language**

**Punctual**

**Inefficient**